

asbestos essentials

Non-licensed tasks

This information will help employers and the self-employed to comply with the Control of Asbestos Regulations 2006.

It is also useful for trade union and employee safety representatives.

Asbestos fibres can cause lung cancer and lung diseases.

The sheet covers the points you need to follow to reduce exposure to an adequate level.

It can act as a risk assessment for asbestos if it matches what you plan to do.

Follow all the points, or use equally effective measures.

Only carry out this work if you are properly trained and have the right equipment.

Main points

- Asbestos fibres can kill.
- Keep exposures low using all the controls in this sheet.
- Also follow sheet a0 and equipment and method (em) sheets; see 'Essential information'.



What this sheet covers

This sheet describes good practice when you need to remove floor tiles that contain asbestos. These may also have asbestos-paper backing, or be fixed with asbestos-containing mastic.

Preparing the work area

- Restrict access minimise the number of people present.
- Close doors. Use tape and notices to warn others.
- Ensure adequate lighting.

Equipment

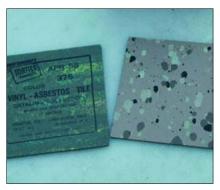
- warning tape and notices;
- Class H vacuum cleaner (BS EN 60335 see sheet em4) for large areas;
- sharp knife;
- hammer;
- scraper;
- shovel;
- garden-type sprayer containing wetting agent;
- bucket of water and rags;
- asbestos waste container, eg labelled polythene sack; and
- clear polythene sack.

Personal protective equipment (PPE) - see sheet em6

- Provide:
 - disposable overalls fitted with a hood;
 - boots without laces (laced boots are hard to decontaminate); and
 - respiratory protective equipment.









Floor tiles that contain asbestos can also have asbestos-paper backing, or be fixed with asbestos-containing mastic



SAFETY CHECKLIST

- Can you avoid disturbing asbestos by doing the job in some other way?
- Do you need a licence for the work?
- Always follow all legal requirements.
- Follow the task guidance sheet.
- ✓ Use an asbestos waste container.
- Dispose at a licensed disposal site.

Caution:

- Don't sweep up dust or debris use a Class H vacuum cleaner or damp rags.
- Don't take used overalls home.
- Don't re-use disposable PPE.
- Don't smoke.
- Don't eat or drink in the work area.

OTHER HAZARDS

There may be other hazards - you need to consider them all.





Spray water under the tiles to suppress dust as you lift them gently, avoiding breakage

Procedure

Overlaying AC sheets

- Can you avoid removal, eg by overlaying with non-asbestos material?
- Warn the building owner about the presence of asbestos material, so it can be managed properly.

Removal

- Place the scraper in the joint between the tiles. Lift the tile gently try to avoid breakage.
- For firmly-fixed tiles, tap the scraper with the hammer.
- For a large tiled area, lift tiles using a shovel. This speeds up the job and avoids kneeling close to the tiles.
- Spray water under the tiles as they are lifted, to suppress dust and wet any asbestos paper that may be present.
- Wet any asbestos paper tile backing as the tiles are lifted.
- Gently scrape up adhering mastic. You can soften mastic with solvent, by warming with an infra-red lamp, or embrittle it with dry ice.
- Place debris in the waste container.

Caution: Never sand the floor.

Cleaning and disposal

- Where you have removed only a few tiles, use damp rags to clean the floor. Clean larger areas with the Class H vacuum cleaner.
- Clean the equipment with damp rags.
- Put debris, used rags and other waste in the asbestos waste container and tape it closed.
- Put the asbestos waste container in a clear polythene sack and tape it closed.
- Disposal see sheet em9.



MORE HELP

- Licensed asbestos contractors, and training providers - HSE's Infoline Tel: 0845 345 0055 Textphone: 0845 408 9577 e-mail: hse.infoline@natbrit.com and at www.hse.gov.uk/asbestos/ licensing/index.htm
- HSE priced and free publications -HSE Books Tel: 01787 881165 and at www.hsebooks.co.uk
- Qualified hygienists The British Occupational Hygiene Society (BOHS) Tel: 01332 298101 and at www.bohs.org/ under 'Professional > Consultants'
- Trade associations the Asbestos Removal Contractors Association (ARCA) Tel: 01283 531126 Website: www.arcaweb.org.uk, or the Asbestos Control and Abatement Division (ACAD) Tel: 01325 466704
- Disposal of asbestos waste www.environment-agency.co.uk, www.sepa.org.uk/, or www.netregs.gov.uk/netregs.
- More asbestos pictures and help to decide if work is licensed www.hse.gov.uk/asbestos/index.htm

Personal decontamination

■ See sheet em8

Clearance and checking off

- Visually inspect the area to make sure that it has been cleaned properly.
- Clearance air sampling is not normally required.
- Get the premises owner, duty-holder or client to check off the job.

ESSENTIAL INFORMATION

Download and follow these advice sheets from www.hse.gov.uk /asbestos/essentials/index.htm:

em1 What to do if you uncover or damage materials that could contain asbestos

em2 Training

em4 Using a Class H vacuum cleaner for asbestos

em5 Wetting asbestos materials

em6 Personal protective equipment (PPE)

em7 Using damp rags to clean surfaces of minor asbestos contamination

em8 Personal decontamination

em9 Disposal of asbestos waste

This document is available at www.hse.gov.uk/asbestos/essentials/index.htm

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This guidance is issued by the Health and Safety Executive. Following the guidance is not compulsory and you are free to take other action. But if you do follow the guidance you will normally be doing enough to comply with the law. Health and safety inspectors seek to secure compliance with the law and may refer to this guidance as illustrating good practice.