Cleaning light fittings attached to asbestos insulating board (AIB)

What this sheet covers

This sheet describes good practice when you need to clean a contaminated light fitting attached to AIB, eg to change a bulb or tube.

This sheet is NOT appropriate where the AIB is damaged, or may be damaged eg by ‘rocking’ the screws during cleaning. Use an HSE-licensed contractor for such work.

See sheet em4 Using a Class H vacuum cleaner for asbestos when removing a screwed in fitting, and sheet a6 for minor damage repair.

Preparing the work area

- Ensure safe access.
- Restrict access - minimise the number of people present.
- Close doors. Use tape and notices to warn others.
- Ensure adequate lighting.

Equipment

- 500-gauge polythene sheeting and duct tape;
- warning tape and notices;
- Class H vacuum cleaner (BS EN 60335) - see sheet em4;
- bucket of water and rags;
- asbestos waste container, eg labelled polythene sack; and
- clear polythene sack.

Personal protective equipment (PPE) - see sheet em6

- Provide:
  - disposable overalls fitted with a hood;
  - boots without laces (laced boots are hard to decontaminate); and
  - respiratory protective equipment.

Procedure

- Isolate the power supply - use a competent electrician.
- Protect nearby surfaces from contamination. Cover with 500-gauge polythene sheeting and fix with duct tape to non-asbestos surfaces.
- Avoid removing the light fitting - this may disturb the AIB.
- Clean the light fitting exterior with the Class H vacuum cleaner.
- Place easily removable sections on the polythene sheeting, for cleaning on the floor.
- Open the light fitting carefully. Insert the Class H vacuum cleaner hose, and clean inside the fitting.
- Complete the cleaning with the Class H vacuum cleaner.
Cleaning and disposal

- Clean the area with damp rags.
- Put debris, used rags, polythene sheeting and other waste in the asbestos waste container and tape it closed.
- Put the asbestos waste container in a clear polythene sack and tape it closed.
- Disposal - see sheet em9.

Personal decontamination

- See sheet em8

Clearance and checking off

- Visually inspect the area to make sure that it has been cleaned properly.
- Clearance air sampling is not normally required.
- Get the premises owner, duty-holder or client to check off the job.

ESSENTIAL INFORMATION

Download and follow these advice sheets from www.hse.gov.uk/asbestos/essentials/index.htm:
em1 What to do if you uncover or damage materials that could contain asbestos
em2 Training
em4 Using a Class H vacuum cleaner for asbestos
em6 Personal protective equipment (PPE)
em7 Using damp rags to clean surfaces of minor asbestos contamination
em8 Personal decontamination
em9 Disposal of asbestos waste

SAFETY CHECKLIST

✓ Can you avoid disturbing asbestos by doing the job in some other way?
✓ Do you need a licence for the work?
✓ Always follow all legal requirements.
✓ Follow the task guidance sheet.
✓ Use an asbestos waste container.
✓ Dispose at a licensed disposal site.

Caution:
■ Don’t sweep up dust or debris - use a Class H vacuum cleaner or damp rags.
■ Don’t take used overalls home.
■ Don’t re-use disposable PPE.
■ Don’t smoke.
■ Don’t eat or drink in the work area.

This document is available at www.hse.gov.uk/asbestos/essentials/index.htm

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Published by the Health and Safety Executive 12/07